

CHOICE OF MILK DAILY

- FF & 1 % White
- FF Chocolate
- FF Strawberry

FEBRUARY | 2017

LUNCH PRICE: \$2.75
REDUCED PRICE: \$.40
ADULT LUNCH: \$3.75
MILK: \$.50

Medina City Schools Elementary Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Campbell's Tomato Soup Toasted Cheese Sandwich Seasoned Broccoli Chilled Pears Goldfish Crackers Milk	2 Chicken Nuggets Mashed Potatoes Chilled Diced Peaches Dinner Roll Milk <i>Alternative lunch: Hamburger on a bun with fries</i>	3 <i>Domino's Delivers to Waite ©</i> <i>Pizza Hut Delivers to Blake & Canavan ©</i> Big Daddy's Pizza Fresh Vegetables with Dip Fresh Seasonal Fruit Milk
6 Corn Dog Curly Fries Baked Beans Chilled Diced Peaches Milk	7 Bacon Cheeseburger Confetti Fries Chilled Applesauce Chocolate Chip Cookie Milk <i>Alternative lunch: Hot Dog on a bun with fries</i>	8 Bosco Sticks with Marinara Sauce Lemon Broccoli Chilled Diced Pears Milk	9 Chicken Drumstick Mashed Potatoes Fresh Banana Garlic Texas Toast Milk <i>Alternative lunch: Hamburger on a bun with fries</i>	10 <i>Domino's Delivers to Garfield & Heritage ©</i> <i>Pizza Hut Delivers to Fenn & Northrop ©</i> Big Daddy's Pizza Fresh Side Salad Assorted Fruit Milk
13 Macaroni & Cheese Seasoned Broccoli Whole Fruit Frozen Juice Cup Milk	14 <i>Taco Tuesday</i> True Love Tacos Blushing Black Beans Sweet Mandarin Oranges Heartzels Pretzels Milk <i>Alternative lunch: Hot dog on a bun with fries</i>	15 <i>Brunch for Lunch</i> Pillsbury Mini Pancakes Breakfast Sausage Waffle Fries 100% Orange Juice Milk	16 Chicken Fries Oven Baked Fries Chilled Mixed Fruit Crunchy Cheese Cheetos Milk <i>Alternative lunch: Hamburger on a bun with fries</i>	17 <i>Domino's Delivers to Blake & Canavan ©</i> <i>Pizza Hut Delivers to Waite ©</i> Stuffed Crust Pizza Fresh Vegetable Sticks with Dip Assorted Fruit Choice Milk
20 <i>No School President's Day</i>	21 Cheesy Dippers with Marinara Sauce Seasoned Broccoli Citrus Orange Smiles Milk <i>Alternative lunch: Hot dog on a bun with fries</i>	22 Meatball Sub Sandwich Waffle Fries Cinnamon Applesauce Chocolate Pudding Milk	23 <i>Early Release</i> Hot Dog on a Bun French Fries Baked Beans Fresh Banana Milk <i>Alternative lunch: Hamburger on a bun with fries</i>	24 <i>Domino's Delivers to Fenn & Northrop ©</i> <i>Pizza Hut Delivers to Garfield & Heritage ©</i> Stuffed Crust Pizza Fresh Side Salad Chilled Peaches Milk
27 <i>Brunch for Lunch</i> French Toast Sticks Breakfast Sausage Potato Starz 100% Orange Juice Milk	28 <i>Taco Tuesday</i> Walking Taco Cheese, Lettuce, & Tomato Refried Beans Fresh Apple Milk <i>Alternative lunch: Hot dog on a bun with fries</i>			

Add more vegetables
 to your day
 Choose vegetables
 rich in color

Brighten your plate with vegetables that are red, orange, or dark green. They are full of vitamins and minerals. Try acorn squash, cherry tomatoes, sweet potatoes, or collard greens. They not only taste great but also are good for you, too.

Reference: USDA. MyPlate.gov. Internet:
<http://www.myplate.gov/>